



**SAVE + LIFE**  
**LEARN HANDS-ONLY CPR**



Hillsborough County Fire Rescue, Brandon Regional Hospital, and the American Heart Association are conducting a study focusing on areas within the county that CPR is not rendered prior to EMS arrival. HCFR will be facilitating classes and collecting data for the study through the end of August. Our goal is to teach 1000 citizens Hands Only CPR, who will in turn, commit to teach five more citizens. With your help, we can reach over 6000 citizens within two months.

Each class will receive:

- HCFR Public Relations Hands Only CPR Instructor
- Classes offered in English and Spanish
- Hands Only CPR Kit with Video
- Data Collection Packet
- \$ 10.00 Publix Gift Card once data packet is returned

For more information or to schedule a class of 20 or more, please contact:

Nacole Revette  
HCFR Public Relations Officer  
813-209-0095

Remember- "It's Your County" please help HCFR make a difference!  
The above is limited to the first 1000 participants.